

# Employment Insurance benefits

<p><b>Employment Insurance (EI)</b></p>	<p>To qualify for any EI program, you must have worked enough “insurable hours” in your qualifying period. Your qualifying period is normally the 52 weeks before you apply.</p>		
	<p><b>Who’s eligible?</b></p>	<p><b>Amount and how to apply</b></p>	<p><b>Notes</b></p>
<p><b>EI regular benefits</b></p>	<ul style="list-style-type: none"> <li>• you lost your job through no fault of your own</li> <li>• you have at least 420 to 700 insurable hours <sup>1</sup></li> <li>• you’re ready, willing, and able to accept work</li> <li>• you’re actively looking for work</li> </ul>	<ul style="list-style-type: none"> <li>• 55% of your weekly income up to \$668 a week</li> <li>• lasts up to 45 weeks</li> </ul>	<p>1. The number of hours you need depends on the unemployment rate in your region:</p> <p><a href="http://srv129.services.gc.ca/eiregions/eng/rates_cur.aspx">srv129.services.gc.ca/eiregions/eng/rates_cur.aspx</a></p>
<p><b>EI sickness benefits</b></p>	<ul style="list-style-type: none"> <li>• you have at least 600 insurable hours</li> <li>• your weekly earnings went down by more than 40%</li> <li>• you’re not able to work because you’re sick, injured, or in quarantine <sup>2</sup></li> </ul>	<ul style="list-style-type: none"> <li>• 55% of your weekly income up to \$668 a week</li> <li>• lasts up to 26 weeks</li> </ul>	<p>2. You’ll need medical proof of your sickness or injury.</p>
<p><b>EI maternity benefits</b></p>	<ul style="list-style-type: none"> <li>• you have at least 600 insurable hours</li> <li>• you’re pregnant or recently gave birth <sup>3</sup></li> <li>• your weekly earnings went down by more than 40%</li> </ul>	<ul style="list-style-type: none"> <li>• 55% of your weekly income up to \$668 a week</li> <li>• lasts up to 15 weeks</li> </ul>	<p>3. You can start 12 weeks before your due date or the day you give birth. You can get the benefits for up to 17 weeks after you give birth.</p>

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<b>El parental benefits</b>	<ul style="list-style-type: none"> <li>• you have at least 600 insurable hours</li> <li>• you recently had a child or recently adopted a child <sup>4</sup></li> <li>• you and the other parent are both eligible <sup>5</sup></li> <li>• your weekly earnings went down by more than 40%</li> </ul>	<p><b>Standard benefits (35 weeks):</b></p> <ul style="list-style-type: none"> <li>• 55% of your weekly income up to \$668 a week</li> </ul> <p><b>Extended benefits (61 weeks):</b></p> <ul style="list-style-type: none"> <li>• 33% of your weekly income up to \$401 a week</li> </ul>	<p>4. You must use the standard leave within 52 weeks of your child's birth or adoption, or within 78 weeks if you take an extended leave.</p> <p>5. Both parents must share the weeks of eligibility.</p>
<b>El caregiving benefits</b>	<ul style="list-style-type: none"> <li>• you have at least 600 insurable hours</li> <li>• you must be caring for a person who's critically ill, injured, or needs end-of-life care</li> <li>• you're caring for someone you consider to be like family</li> <li>• the person must be certified critically ill or in need of end-of-life care <sup>6</sup></li> </ul>	<ul style="list-style-type: none"> <li>• 55% of your weekly income up to \$668 a week</li> <li>• lasts up to 15 weeks if the sick person is over 18</li> <li>• lasts up to 35 weeks if the sick person is under 18</li> <li>• lasts up to 26 weeks if the sick person needs end-of-life care</li> </ul>	<p>6. This can be done by a doctor or a nurse practitioner.</p>

For more information about Employment Insurance, visit [stepstojustice.ca/emp-ins](https://stepstojustice.ca/emp-ins). This is general information for people in Ontario, Canada. It is not legal advice.

Cette publication est également disponible en français.

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